



New Hampshire Association for Infant Mental Health

“Shaping Lives Before Birth and Beyond”

27th Annual Conference

From Community to Clinic: Best Practices in Early Identification

featuring

Alice S. Carter, PhD

Professor of Psychology

University of Massachusetts Boston

September 15-16, 2022

Church Landing, Mill Falls at the Lake

Meredith, NH

This program has been approved for 11.5 CEUs by
the NH Association of Marriage and Family Therapists.

THURSDAY, SEPTEMBER 15, 2022 SCHEDULE

7:30 – 9:00	Conference Registration and Continental Breakfast
9:00 – 12:00 (Break at 10:15)	Screening for Social-Emotional Problems and Delays in the Acquisition of Social Emotional Competencies with the Brief Infant Toddler Social and Emotional Assessment (BITSEA) <i>Alice S. Carter, Ph.D.</i>
12:00 – 1:00	Lunch on your own
1:00 – 2:00	Mindfulness and Self-care for Helping Professionals <i>Dr. Lisa Enright and Stephanie Kirylych, M.Ed.</i>
2:00 – 2:15	Break Snacks provided
2:15 - 3:45	<p><u>Workshop A</u> Addressing Maternal Anxiety and Depression in Primary Care (<i>delivered virtually</i>) <i>Fallon Cluxton-Keller, Ph.D. and Ardis Olsen, MD</i></p> <p><u>Workshop B</u> Navigating the System for Infants and Young Children Using the NH Wraparound Model <i>Adele Bauman, MS, Daryll Tenney MS, Hannah Maynard Yung MA, Melissa Davis, LCMHC, and members of the Waypoint/NAMI Early Childhood Wraparound Team</i></p>
3:45 – 4:00	Break
4:00 – 5:30	<p><u>Workshop C</u> Supporting Infants with Neonatal Abstinence Syndrome (NAS) and their Caregivers <i>Shelley Mulligan, Ph.D., OTR/L, FAOTA</i></p> <p><u>Workshop D</u> Session cancelled</p>

FRIDAY, SEPTEMBER 16, 2022 SCHEDULE

<i>7:30-9:00</i>	BREAKFAST BUFFET
<i>9:00 – 10:30</i>	Addressing the Silent Crisis: Early Identification of Childhood Trauma <i>Cassie Yackley, Psy.D.</i>
<i>10:30 – 10:45</i>	Coffee Break
<i>10:45 – 12:15</i>	<p style="text-align: center;"><u>Workshop E</u> Early Indicators of Autism Spectrum Disorder <i>Timothy Soto, Ph.D.</i></p> <p style="text-align: center;"><u>Workshop F</u> NH Family Centered Early Supports and Services in the COVID Era—Where are We Going Next? <i>Nicole Bushaw and Liz Sommers</i></p>
<i>12:15 - 1:30</i>	<p style="text-align: center;">Lunch On your own</p>
<i>1:30 – 3:00</i>	<p style="text-align: center;"><u>Workshop G</u> Pyramid Model in New Hampshire <i>Sandra Hogan, LCMHC</i></p> <p style="text-align: center;"><u>Workshop H</u> Bringing it Together: Integrated Care for Pregnant and Parenting Women with Substance Use Disorder <i>Julia Frew, MD, Teri LaRock, MSW, LICSW, Lucy Pilcher, MSW, LICSW, Tonya Suarez, MSW, LICSW</i></p>

COVID-19 is still with us.

While attending this conference, please consider what your personal comfort level is when in a large gathering, and honor what others are choosing in regards to risk reduction. If you experience any of the following symptoms in the 24 hours leading up to the conference, please refrain from attending: fever, dry cough, fatigue, sore throat, aches and pains, diarrhea, headache, loss of taste or smell, difficulty breathing, shortness of breath, chest pain or other signs of infection. In the event you need to abstain from attending, we invite you to share your registration with someone else. We simply ask that you inform us of the transfer by email to NHAIMH@gmail.com prior to or on the date of the event.

Thursday, September 15, 2022

SCREENING FOR SOCIAL-EMOTIONAL PROBLEMS AND DELAYS IN THE ACQUISITION OF SOCIAL EMOTIONAL COMPETENCIES WITH THE BRIEF INFANT TODDLER SOCIAL AND EMOTIONAL ASSESSMENT (BITSEA)

– Many one- and two-year old children evidence clinically significant emotional and behavior problems, including difficulty regulating negative emotions such as fear, anxiety, irritability, and anger, problems with aggression, as well as difficulties with sleeping and eating. These challenges may interfere with young children’s relationships and ability to participate in age-expected activities. They may also cause significant parenting and family stress. Although often minimized as “just a phase,” these social emotional and behavioral difficulties often persist, and can impact later social and academic functioning. Social-emotional and behavioral competencies refer to behaviors (e.g., mastery motivation, prosocial peer relations, and play skills) may reduce the emergence and persistence of social emotional and behavioral problems. Yet, few children and families are able to access mental health services for children in this age range. The focus of this presentation will be on screening for social emotional and behavior problems and delays in social-emotional competencies with the Brief Infant Toddler Social and Emotional Assessment. The speaker will present some findings from a recent study conducted in partnership with several Part C Early Intervention agencies. *ALICE S. CARTER, PHD*

Afternoon Workshop Choices:

A. ADDRESSING MATERNAL ANXIETY AND DEPRESSION IN PRIMARY CARE – Presenters will describe strategies to address depression and anxiety in pregnant and postpartum women served in primary care settings. Presenters will share preliminary findings from a study of a family-based collaborative care model. This presentation will be delivered virtually. *FALLON CLUXTON-KELLER, PH.D., L.M.F.T. AND ARDIS OLSON, M.D.*

B. NAVIGATING THE SYSTEM FOR INFANTS AND YOUNG CHILDREN USING THE NH WRAPAROUND MODEL – This workshop demonstrates how the NH Wraparound Model can provide the most overwhelmed caregivers of infants and young children find hope and experience success in a sea of demands and options. Hear the experience directly from Certified Wraparound Coordinators, NAMI NH Family Peer Supports and caregivers that have benefitted from participating in the process. *ADELE BAUMAN, MS, DARYLL TENNEY MS, HANNAH MAYNARD YUNG MA, MELISSA DAVIS, LCMHC, AND MEMBERS OF THE WAYPOINT/NAMI EARLY CHILDHOOD WRAPAROUND TEAM*

C. SUPPORTING INFANTS WITH NEONATAL ABSTINENCE SYNDROME (NAS) AND THEIR CAREGIVERS - An unfortunate consequence of the opioid crisis has been the increase incidence of newborns born with neonatal abstinence syndrome (NAS) which often occurs when a pregnant woman uses drugs such as opioids during her pregnancy. Babies born with NAS require more complex medical care, and are at risk for developmental problems. Furthermore, reports from the NH Division of Youth and Families indicate that well over half of children removed from their home were removed a result of substance misuse. This session focuses on methods of supporting infants with NAS who are at risk for developmental problems, as well as supporting their mothers and/or other caregivers. A concerted effort by partners across all sectors is needed to support children and families affected by the opioid crisis and to help them to overcome adverse experiences of their childhoods. This session focuses on evidence-based practices to promote the health, and development of young children with NAS, and for providing supports and services to families affected by addiction.

SHELLEY MULLIGAN, PHD, OTR/L, FAOTA

Friday, September 16, 2022

ADDRESSING THE SILENT CRISIS: EARLY IDENTIFICATION OF CHILDHOOD TRAUMA – Infancy and early childhood represent a period of profound vulnerability and extraordinary possibility. Unfortunately, the rate of exposure to adverse childhood experiences (ACEs) is disproportionately higher for children under the age of five years. In NH, children under one year of age account for 13% of the maltreatment cases, and those under the age of five account for 47%¹. Despite this fact, a vast majority of young child victims will not receive the evidence-based mental health intervention that they and their caregivers need. Addressing this silent crisis requires early childhood professionals to recognize the signs trauma and to ask about a child's exposure to ACEs. Our reluctance to talk about trauma with young children and their caregivers becomes "what is known but can't be spoken" —an unwritten rule that communicates it is acceptable to discuss symptoms but not the etiology of those behaviors. This session will enhance participant recognition of the extent and nature of young child victimization and will compel professionals from across child-serving systems to take action by facilitating the disclosure and healing process for young child victims and their caregivers.

CASSIE YACKLEY, PSYD

Morning Workshop Choices:

E. EARLY INDICATORS OF AUTISM SPECTRUM DISORDER – The infant-toddler knowledge base regarding the early course of autism spectrum disorder has expanded a great deal within the last decade due to the advent of innovative research methods. Expanding the understanding of early indicators of autism spectrum disorder and the related comfort level of providers working with infants and toddlers in identifying and treating young children presenting with potential symptoms of a social disorder will help bridge the gap between empirically based knowledge and clinical practice in the infant toddler mental health field. *TIMOTHY SOTO, PHD*

F. NH FAMILY CENTERED EARLY SUPPORTS AND SERVICES IN THE COVID ERA—WHERE ARE WE GOING NEXT? – NH's Family Centered Early Supports and Services (FCESS) work with parents and caregivers to build capacity of those who work with or care for young children with disabilities to implement evidence-based practices that promote child engagement in everyday settings and activities. Prior to the pandemic, four out of thirteen local FCESS programs were implementing the Sustainable Early Engagement for Change (SEE Change), based on DEC Recommended Practices. This model intends to increase parent engagement during sessions and encourage integration of developmental strategies throughout the family's regular routines. Coaching was at the forefront of Early Intervention research prior to the Covid-19 pandemic and was pushed into action when services switched from in-person to telehealth. Not only were regular visits held virtually, evaluations during the height of the pandemic were held virtually too, fully engaging the family. Throughout the pandemic, services changed from fully telehealth to in-person and now, we are happy to announce a hybrid model. Families, who are the biggest part of an Individual Family Support Plan (IFSP) team, determine the method of service they prefer based on exposure level and what they are comfortable with, while keeping all parties involved safe. Creativity and technology have been essential tools in getting all of our families and eligible children served to the best of our abilities, given the realities of a global pandemic. As we move beyond the pandemic, three additional local FCESS programs are working on fully implementing the SEE Change, with the intent that 100% of programs will be implementing SEE Change by 2025. *NICOLE BUSHAW, LIZ SOMMERS*

Afternoon Workshop Choices:

G. PYRAMID MODEL IN NEW HAMPSHIRE – In this session, an overview of Pyramid Model will be presented, including the components of the model and its application in different settings. We will talk about state-wide systems-building and implementation work that has been done since NH became a Pyramid Model state in 2016. Information will be provided about program readiness, and opportunities to join in this work. *SANDRA HOGAN, LCMHC*

H. BRINGING IT TOGETHER: INTEGRATED CARE FOR PREGNANT AND PARENTING WOMEN WITH SUBSTANCE USE DISORDER

– In order to create inclusive supportive environments in the fields of physical and mental health we need to work collaboratively to support families. Dartmouth Hitchcock Moms in Recovery is an integrated treatment program in which pregnant and parenting women receive treatment for substance use disorder alongside other services such as primary care, recovery coach support, case management, parenting classes, pediatric services, individual therapy, child parent psychotherapy and medication for substance use disorder and mental health needs. Moms are encouraged to bring their children with them to treatment, where a focus of treatment is how women can support their children who are growing up in a world impacted by substance use disorders. Professionals working in this field can better support children by supporting their families and engaging in positive recovery-focused language. Developmental and health outcomes for children are optimized when early childhood professionals work towards gaining a better understanding of the disease of addiction, destigmatizing language, and how to respond when a child shares experiences of exposure to substance use disorder. **JULIA FREW, MD, TERI LAROCK, LICSW, LUCY PILCHER, LICSW, TONYA SUAREZ, LICSW**

About our presenters:

ADELE BAUMAN began her career as a Child Protection Service Worker at the district office, before moving to the State Offices as the System of Care Manager and program manager for a SAMSHA funded grant to create the infrastructure for a System of Care (SOC) within the Department of Health & Human Services. In her role, Adele modifies and implements policy and procedures for services for children/youth diagnosed with a Serious Emotional Disturbance (SED). She leads multiple Statewide workgroups including but not limited to the NH Children's Behavioral Health Collaborative, Department of Education, NH DHHS' Division of Community Based Care Services and Endowment for Health. In her current role as Children's Behavioral Health Administrator at NH DHHS, Adele uses a whole person approach to serving NH's children, youth and families with a commitment to coordinated care to benefit NH's children, youth and families.

NICOLE BUSHAW is the Part C/FCESS Coordinator for The State of NH. She comes with years of experience as both a provider as well as the former program director of FCESS at Lakes Region Community Services. She serves on many state leadership committees promoting early childhood initiatives such as the Pyramid Model and iSocial. Her experience as an Early Childhood Special Educator has brought her greater understanding of the crucial role of parents and caregivers as the foundation for their child's development.

ALICE S. CARTER is a Professor in the Psychology Department at the University of Massachusetts Boston. Trained as a clinical psychologist, Dr. Carter's work focuses on young children's development in the context of family relationships, with an emphasis on the early identification of psychopathology and neurodevelopmental disorders. Dr. Carter completed her undergraduate work at Cornell University in Human Development and Family Studies, her graduate training in Clinical Psychology at the University of Houston, and her clinical internship and postdoctoral training in Developmental Psychopathology at the Yale Child Study Center. Her first faculty position was in the Department of Psychology at Yale University with a joint appointment at the Yale Child Study Center. Dr. Carter is an author or co-author of over 250 articles and chapters, a member of the Zero to Three DC:0-5 Task Force, co-editor of the Handbook of Infant, Toddler, and Preschool Mental Health Assessment (Second Edition) with Rebecca Del Carmen, Ph.D., and the co-author of the Infant-Toddler Social and Emotional Assessment (ITSEA) and the Brief Infant-Toddler Social and Emotional

Assessment (BITSEA) with Margaret Briggs-Gowan, Ph.D. Her community-based research is currently funded by the National Institutes of Mental Health and Eunice Kennedy Shriver National Institute of Child Health and Human Development. She recently completed a large study designed to address health disparities in age of diagnosis of ASD in partnership with Part C Early Intervention programs in the Greater Boston area. The multi-stage screening increased rates of early diagnosis and reduced disparities for Latinx families. Dr. Carter is currently evaluating the effectiveness of a naturalistic developmental behavioral intervention for young children with early signs of autism designed specifically for Part C Early Intervention settings.

FALLON CLUXTON-KELLER is a doctoral trained Licensed Marriage and Family Therapist in New Hampshire and an Assistant Professor in the Department of Psychiatry at the Geisel School of Medicine at Dartmouth. She is a researcher, clinician, and educator. Her research focuses on developing and testing interventions to improve mental health in perinatal populations. She and Ardis Olson, MD are Co-Principal Investigators of a Couch Family Foundation funded clinical trial of a family based collaborative care model that addresses perinatal depression and anxiety in primary care settings. Dr. Cluxton-Keller is also the Principal Investigator of a National Institute of Mental Health funded clinical trial of psychotherapeutic treatments for perinatal depression. She has authored several journal articles on identifying and addressing maternal depression.

MELISSA DAVIS has worked with children and families in a variety of settings over the last twenty years. Melissa is a trained and rostered Child Parent Psychotherapist and although she has provided clinical support to individuals, couples and families; Melissa's passion has always been the parent-child relationship and the effects of trauma in child development. Melissa currently oversees comprehensive family support programs at Waypoint, which includes the Early Childhood Wraparound programs.

DR. LISA ENRIGHT has 25 years of higher education leadership experience. She is currently the Assistant Dean of Student Success at the University of New Hampshire Manchester. In addition to being Assistant Dean, Lisa teaches First Year Seminar, Exploring Leadership, Community Leadership, and Social Justice and Leadership. Lisa is a co-founder of Growing Presence Consulting, offering mindfulness and emotional intelligence workshops and coaching. Lisa earned her Doctorate of Education in Leadership and Learning from Rivier University and has a Master of Arts degree from State University of New York Albany. Lisa is a certified EQ-i 2.0®/EQ 360® coach. Her areas of expertise include positive psychology, gratitude, social justice, leadership theory and practice, mindfulness, and emotional intelligence.

JULIA FREW is a psychiatrist and addiction medicine physician who directs the Dartmouth-Hitchcock Moms in Recovery Program and the Center for Addiction Recovery in Pregnancy and Parenting. She also oversees the perinatal psychiatric consultation program at Dartmouth-Hitchcock. Dr. Frew attended the Brown-Dartmouth Program in Medical Education and completed her psychiatry residency training at Dartmouth-Hitchcock, where she is currently Vice Chair for Education in the Department of Psychiatry and Associate Director of the Adult Psychiatry Residency Program. Her clinical work focuses on the care of pregnant and postpartum women with psychiatric illness and substance use disorders.

SANDRA HOGAN is a NH Licensed Clinical Mental Health Counselor who is also credentialed as an Early Childhood Master Professional/ Allied Professional. She has 30 plus years' experience working with young children and families as well as the many other providers who may interface with them. She has been working with the Preschool Technical Assistance Network (PTAN) as a childcare consultant for more than 20 years. For the past five years, much of her PTAN work has focused on Pyramid Model practice-based coaching, program coaching, and training. Sandy is a member of the NH Pyramid Model Master Cadre. Sandy is the mother of 3 adult sons and has grandchildren ages 5 and 8. She enjoys spending time with her husband and her blind dog Spice.

STEPHANIE KIRYLYCH has 19 years of higher education leadership and coaching experience. She is currently the director of advising at the University of New Hampshire Manchester. Along with her advising role, Stephanie teaches First Year Seminar and The Mindful Leader. She is the co-founder of Growing Presence Consulting, offering mindfulness and emotional intelligence workshops and coaching. She has a Master of Education degree from Northeastern University and completed the health coach program at the Institute for Integrative Nutrition. She is currently enrolled in the Higher Education, Administrative Leadership doctoral program at Plymouth State University. Stephanie is a certified EQ-i 2.0®/EQ 360® coach. Her areas of focus include academic advising, meditation, mindful leadership, holistic health, and emotional intelligence.

TERI LAROCK is the Clinical Director for the Moms in Recovery Program at Dartmouth-Hitchcock. Social work career experiences have included Boston Children's Hospital, community mental health, Children's Hospital at Dartmouth and work with the Behavioral Intervention Team in the Department of Psychiatry at Dartmouth Hitchcock Medical Center. Teri has worked for the last six years at the Moms in Recovery Program where she enjoys integrating her interests in women's mental health, maternal-child health, and addiction treatment. She completed undergraduate degrees in Psychology and Women's Studies at the University of Vermont and has a Masters in Social Work from Boston University.

HANNAH MAYNARD YUNG has always loved working with young children and has done so in every aspect of her career; specifically, in very young children's behavioral health. She began working as a home visitor for the Head Start and Early Head Start programs, with an interest in the parent-child relationship and trauma and how this relationship affects the child's overall development. During her time as a home visitor, Hannah participated in and obtained the Intermediate Early Childhood and Family Mental Health Credential and also took on the role as the Mental Health and Disabilities Coordinator; where she began supporting caregivers through the special education process and behavioral health care system. Hannah is currently a Program Specialist and working on the Early Childhood Prevention and Treatment Program for Behavioral Health. This program will become part of the larger System of Care (SOC) in New Hampshire and allow families with very young children obtain enhanced care coordination to best meet the unique needs experienced by our youngest children in the state.

SHELLEY MULLIGAN is an associate professor in the Department of Occupational Therapy at the University of New Hampshire with over 20 years of clinical expertise in supporting young children with disabilities and their families. Her research program has focused on developing measures for evaluating the sensory processing abilities and behaviors of children. She volunteers as a court-appointed special advocate, guardian ad litem (CASA-GAL) for children who have been removed from the home due to neglect or abuse. She is also currently assisting in the delivery of a federal funded, web-based training program for early intervention providers in ME and NH on supporting Children and Families of the Opioid Epidemic. Dr. Mulligan received her MS in Occupational from Colorado State University, and her PhD in Special Education from University of Washington.

ARDIS OLSEN is a Professor of Pediatrics and Community and Family Medicine at the Dartmouth Medical School in Hanover NH. As a pediatrician and researcher, she has been involved in practical research to enhance care and community approaches for parental depression, adolescent health risks, sun protection, indoor tanning, and childhood obesity. She was a member of the Institute of Medicine Task Force that published a national report in 2009, *Depression in Parents, Parenting, and Children*. She has continued to advocate for screening parents for depression and anxiety, enhancing primary care clinician's tools for parents to support child development during maternal depression and anxiety, and better outcomes for parents with symptoms of clinical anxiety and depression symptoms.

LUCY PILCHER is a Clinician at the Moms in Recovery Program at Dartmouth Hitchcock. Career experiences include working with women and their families at birth and during NICU admissions, Pediatric, Pediatric Oncology and PICU social work support at Children's Hospital at Dartmouth and child and family therapy in the embedded primary care setting. Lucy has worked at the Moms in Recovery program for 3 years and enjoys the opportunity to use strengths based approaches to support women who are pregnant and parenting while also in addiction treatment. Lucy completed her undergraduate degree in Social Work and Applied Social Sciences at the University of Bath, England and has a master's in social work and graduate certification in Trauma Treatment from The University of Denver.

LIZ SOMMERS is the Part C/FCESS Program Specialist for The State of NH. She was previously an Early Childhood Special Educator and the Family Education Coordinator at Community Bridges. Prior to the Covid-19 Pandemic, she co-created and facilitated Better Together: Parenting One Week at a Time, a supportive parenting group for new mothers in recovery from substance misuse. She also taught Positive Solutions for Families around the Concord region. Her areas of expertise include working with families new to America, parents with substance use disorders and children on the Autism spectrum.

TIMOTHY SOTO is an assistant professor in the Clinical Psychology Department at William James College. Dr. Soto completed his doctoral degree in Clinical Psychology at the University of Massachusetts, Boston. He completed his MA degree in Psychology in Education at Teachers College, Columbia University. Dr. Soto's clinical interests focus on neuropsychological and neurodevelopmental assessment of children, adolescents, and young adults. His research interests focus on enhancing the identification and characterization of ASD from infancy through young adulthood. Dr. Soto completed his pre-doctoral internship training at Massachusetts General Hospital, Harvard Medical School in the Child Track and his post-doctoral training through the Massachusetts General Hospital for Children Lurie Center for Autism and Aspire clinical psychology fellowship. Dr. Soto is a Licensed Clinical Psychologist in Massachusetts, specializing in pediatric neuropsychological, neurodevelopmental, educational, and psychological assessment of toddlers, children, adolescents, and young adults with learning, emotional, social, and behavioral challenges.

TONYA SUAREZ is a Clinician at the Moms in Recovery Program at Dartmouth Hitchcock. Tonya also works as a clinician in the Community Addiction Treatment Program at Dartmouth Hitchcock treating persons that struggle with substance use disorder. Her career experience has focused on child and family trauma working for the Division of Children, Youth, and Families, the Child Advocacy Center at CH@D, community mental health, and the Children's Hospital at Dartmouth in the inpatient pediatric and pediatric intensive care units. Tonya has worked at the Addiction Treatment Program for the past 4 years where she enjoys integrating care focused on families and children and addiction treatment. She completed an undergraduate program in psychology at Saint Anselm College and a master's in social work at the University of New Hampshire.

DARYLL TENNEY has provided high fidelity wraparound supports for youth and families living with severe emotional disturbances for four years. With experience working within a community mental health center and higher education for nearly 15 years, providing care management, functional supports, mediation, and youth driven wraparound support for youth transitioning from school to career, Daryll is motivated and passionate about ensuring that youth and their families are connected to the needs that they "voice." Also, with a Master of Science in Couples and Family Therapy as well as a Master's in Health Education Daryll brings knowledge of family systems and complex needs. Now working for the Bureau for Children's Behavioral Health with the Department of Health and Human Services, Daryll brings this knowledge to help manage, sustain, and grow the F.A.S. T. Forward Program and supports to transformation of the System of Care in New Hampshire. Daryll is dedicated to ensuring that youth and their families are connected and supported with high quality care coordination using System of Care values to meet the needs of families.

CASSIE YACKLEY is the director of the Center for Trauma-Responsive Practice, a non-profit that promotes a trauma-responsive system of care for young children and their families in New Hampshire. She founded the agency to assure sustainability of the NH Child-Parent Psychotherapy Network, which represents a professional learning community of more than 100 mental health clinicians committed to meeting the needs of young, traumatized children and their caregivers in the state (and southern VT). Dr. Yackley's professional appointments and collaborations in the recent years include the Dartmouth Trauma Interventions Research Center, NH DCYF, Center for Behavioral Health Innovation, NH DOE, Amoskeag Health (ACERT Program), Preschool Technical Assistance Program (PTAN), Endowment for Health, and the NH Children's Health Foundation (to name a few).

NHAIMH would like to extend their sincere appreciation for the presenters, participants and staff of Church Landing at Mill Falls for making this in person conference a reality after these past several years.

It is great to be together again!

CONFERENCE INFORMATION

REGISTRATION

The registration fee is **\$150.00 for members** and **\$205.00 for non-members** and includes continental breakfast Thursday, a full buffet breakfast Friday and snacks.

There is no discount for one-day registrations. Registration fees are non-refundable.

Registration deadline: September 6, 2022.

HOW TO REGISTER:

[Click here](#) to register for this event. We encourage payment to be made directly on the website at the time of registration. If you are unable to pay online, mail your check to:

NHAIMH

P.O. Box 1421

Concord, NH 03302

If you require a paper form, please contact nhaimh@gmail.com.

CONTINUING EDUCATION INFORMATION

This program has approved for 11.5 CEUs from the NHAMFT. CEUs are FREE to members, and available for a \$10.00 fee for non-members (payable at the conference).

MEMBERSHIP

Membership has benefits:

- ❖ *Conference discounts*
- ❖ *Free or reduced costs for membership activities and trainings*
- ❖ *Professional networking opportunities*
- ❖ *Mini-grants to support trainings and projects*

Are you a NHAIMH member?

Visit our website to learn more: nhaimh.org OR

Click here to become a member: www.nhaimh.camp9.org/page-802490

Email us with any questions: nhaimh@gmail.com

LODGING INFORMATION

Mill Falls at the Lake, Church Landing
281 Daniel Webster Highway, Meredith, NH

A block of rooms has been reserved at the Inn at Mill Falls at a discounted rate for conference participants from Wednesday, September 14, 2022 through Friday, September 15, 2022. There are also a few rooms reserved at the Chase House and Church Landing. Participants are responsible for making their own reservations.

Reservations can be made by phone at 1-800-622-6455.

A deposit equivalent to one night's lodging is required by August 14, 2022.

When making a reservation, attendees must identify themselves as participants of the **NHAIMH Annual Conference** to ensure they receive the correct rate and group placement. Rates cannot be changed upon arrival nor can discounts be given to guests who did not identify themselves when making their reservation.

The Inn at Mill Falls - \$169 per room, single or double occupancy

The Inn at Mill Falls is a restored nineteenth-century linen mill. A tumbling 40-foot waterfall creates a setting that envelops guests in an atmosphere of warmth, comfort, and easy relaxation. The 54-room inn has two pet-friendly guest rooms and is ideal for families, with its indoor pool and favorable location adjacent to the Mill Falls Marketplace, restaurants, and Main Street activities. Mill Falls redefines the traditional country inn.

The Chase House - \$199 per room

The Chase House is a cozy home away from home located across the street from Meredith Bay. The Chase House offers views of the bustling town docks and positions you just steps away from Meredith's quaint village life. All guest rooms are built for your comfort, with crackling fireplaces and lake views; some have two-person jetted baths.

Bay Point - \$219 per room

Bay Point, a short walk from Church Landing, sits right on the water's edge. Enjoy amazing views from the deck. Just renovated spring of 2018!

Church Landing - \$309 per room, limited availability (Offers luxury accommodations, lakeside, sleeps 2-5 people)

Set on the stunning shores of Lake Winnepesaukee and surrounded by lush gardens and lawns, this luxurious Adirondack-style inn redefines rustic elegance. The award-winning resort features 70 designer-decorated guest rooms with private lakefront balconies, cozy fireplaces, down bedding, convenient beach access, two indoor/outdoor pools, a fitness center, and the full-service Cascade Spa and Salon.

Tax: The rates listed above are net (non-commissionable), based on single or double occupancy, per night, and do not include NH tax which is currently 8.5%.

Fees: A charge of \$20.00 + tax will be collected for each third and fourth person sharing a guestroom, per night. For your convenience, a \$2.50 per room, per day housekeeping gratuity will be added to each guestroom. A fee of \$1.50 per room, per night will be added to each guestroom for the Meredith Village Conservation and Preservation Fund.

Cancellation Policy: Cancellation or shortening of reservation length of stay is required at least 72 hours prior to arrival. If a change is needed within the 72-hour time frame, we will do our best to re-sell the accommodation. If we are not successful, payment in full will be expected.

Check-in and Check-out: Check-in time is after 4:00 PM. Check-out time is by 11:00 AM.

Mill Falls at the Lake offers walking paths, spa services, casual-to-fine dining opportunities and outdoor recreational activities. Picturesque downtown Meredith offers a multitude of dining and shopping options, opportunities to stroll along the lakefront boardwalk and boarding for Mount Washington Cruises, including the popular Scenic Foliage and Sunset Dinner Dance Cruise on Lake Winnepesaukee.

[Click here](#) for directions to Mill Falls.